

Catharsis

Amy Cann

(Chords in parentheses = optional guitar capo III)

Musical score for 'Catharsis' in G minor, 4/4 time. The score consists of four staves of music with various chords indicated above the notes.

Staff 1: Chords: Gm (Em), F (D) Gm (Em), F (D)

Staff 2: Chords: Gm (Em), F (D) Gm (Em), 1. F (D) Gm (Em), 2. F (D) Gm (Em)

Staff 3: Chords: Gm (Em), F (D)

Staff 4: Chords: Eb (C), Dm (Bm), 1. Gm (Em), 2. Gm (Em) F (D), D.S.

arr. Peter McLaren

Amy Cann is a North American fiddle player from upstate New York.

Amy tells in her own words how she came to compose the tune and then name it 'Catharsis':

My boyfriend at the time had asked me to save a certain Saturday for us to have some quality together time, and I had loyally turned down a lucrative wedding gig. Come Friday night I find a phone message: "An old friend of mine is in town and we're going hiking — I don't remember if you and I had anything planned, but you can join us if you want."

I knew that if I called him right back I'd probably kill him, so I played the fiddle first. The tune pretty much wrote itself in about two minutes!

